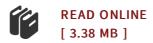




## Girl in the Woods

By Matis, Aspen

Book Condition: New. Publisher/Verlag: HarperCollins US | A Memoir | GIRL IN THE WOODS is Aspen Matiss exhilarating truelife adventure of hiking from Mexico to Canada. Not since Alice Sebolds LUCKY and Cheryl Strayeds WILD has a young woman written such a searing, yet hopeful story of survival in the wake of a horrific trauma and finding acceptance, hope, and healing in nature. | Girl in the Woods is Aspen Matis's exhilarating true-life adventure of hiking from Mexico to Canada-a comingof-age story, a survival story, and a triumphant story of overcoming emotional devastation. On her second night of college, Aspen was raped by a fellow student. Overprotected by her parents who discouraged her from speaking of the attack, Aspen was confused and ashamed. Dealing with a problem that has sadly become all too common on college campuses around the country, she stumbled through her first semester-a challenging time made even harder by the coldness of her college's "conflict mediation" process. Her desperation growing, she made a bold decision: She would seek healing in the freedom of the wild, on the 2,650-mile Pacific Crest Trail leading from Mexico to Canada. In this inspiring memoir, Aspen chronicles her journey, a five-month trek...



## Reviews

If you need to adding benefit, a must buy book. It really is rally interesting through reading through period. Your way of life period will probably be convert as soon as you total looking over this book.

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