



Physical Literacy 12 Steps Pledge Ambassadorship: I Dance for Physical Literacy 12 Steps (Paperback)

By Steven C McCartney

Createspace, United States, 2015. Paperback. Book Condition: New. Large Print. 280 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****. Physical Literacy 12 Steps Pledge Ambassadorship is the passport that connects a path (the yellow brick road to health and fitness) for readers young and old: Or fit and unfit with 12 proven strategies according to scientific based research and national health and fitness objectives to learn how to workout smarter, stay healthier, reduce health disparities and build a healthier community globally. The rhythmic and metaphor of dance provides the vehicle in which the reader becomes engaged in the environment in which we live. Reading this educational and instructional tool can provide new understanding for young teen readers and adults by introducing 12 various topics on total health and fitness for personal best. In addition this book includes an Ambassador Certificate, Glossary, Total Fitness Chart, and Assessment Quiz. Rather than a get-fit-quick scheme, the Physical Literacy 12-Step Pledge Ambassadorship focuses on a lifetime of healthy behaviors and activities and is geared toward both the fit and the unfit. Whether children encounter the program in school physical education programs, at home, or during an extracurricular activity, they...



Reviews

This publication is worth getting. it absolutely was writtern very completely and useful. I am quickly could possibly get a pleasure of reading a written publication.

-- Ariane Rau

A superior quality publication and the font utilized was intriguing to read. I could comprehended every little thing using this composed e publication. You will like the way the author compose this publication.

-- Mr. Demario Trantow

See Also



Dark Hollow (Paperback)

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 280 x 216 mm. Language: English. Brand New Book ***** Print on Demand ******. A murder is committed in Dark Hollow and the proprietor of a neighboring inn is convicted and...



The Novel of the Black Seal (Paperback)

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 280 x 216 mm. Language: English . Brand New Book ***** Print on Demand ******. A man gradually uncovers the secrets of a race of pre-humans hiding in the Welsh hills, and...



Alice in Wonderland (Paperback)

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 280 x 216 mm. Language: English. Brand New Book ***** Print on Demand ******. The story of a girl named Alice who falls down a rabbit hole into a fantasy world...



The Well-Trained Mind: A Guide to Classical Education at Home (Hardback)

WW Norton Co, United States, 2016. Hardback. Book Condition: New. 4th Revised edition. 244 x 165 mm. Language: English. Brand New Book. The Well-Trained Mind will instruct you, step by step, on how to give your child an academically rigorous, comprehensive...



THE Key to My Children Series: Evan's Eyebrows Say Yes (Paperback)

AUTHORHOUSE, United States, 2006. Paperback. Book Condition: New. 274 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.THE KEY TO MY CHILDREN SERIES: EVAN S EYEBROWS SAY YES is about a three year old little boy who...



Do Monsters Wear Undies Coloring Book: A Rhyming Children's Coloring Book (Paperback)

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. Mark Smith (illustrator). 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****. A #1 Best Selling Children s Book Is Now A Coloring Book! Parents and...